



## Congleton Iyengar Yoga Centre

CIYC are delighted to Invite you to our  
April Weekend Workshop with...

*Rachel Lovegrove*



*full weekend £90* (3 sessions)

Friday 26<sup>th</sup> 6:15pm – 8:15pm

Saturday 27<sup>th</sup> 10am – 3pm

Sunday 28<sup>th</sup> 10am – 2pm



*Can't make the full weekend... Limited individual sessions are available to book:*

*Friday £20*

*Saturday £45*

*Sunday £35*

**Breaks are included in the Sat & Sun sessions inc Q&A**

To book online: <https://bookwhen.com/congletoniyengaryoga>

Call: Louise 07736 777752 or Mark 07990 792073

email: [enquiries@congletonyogacentre.com](mailto:enquiries@congletonyogacentre.com)

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